

# Sara Orozco, Ph.D.

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## Education

- 2003      **Respecialization in Clinical Psychology**  
Massachusetts School of Professional Psychology
- 1993      **Doctor of Philosophy (Ph.D.) in Psychology**  
Georgia State University, Atlanta, GA
- 1990      **Master of Arts in Psychology**  
Georgia State University, Atlanta, GA
- 1985      **Bachelor of Arts in Psychology**  
University of North Carolina, Asheville, NC

## Licensure

**Psychologist # 8240**, Unrestricted permanent license, Commonwealth of Massachusetts, Division of Professional Licensure, Board of Psychology, with endorsement as a **Certified Health Provider**, granted on 9/21/2004

## Certification

- 2007      Professional Coaching Certification, New England Coaching (ICF accredited program)**

## Professional Experience

### **Sara Orozco Consulting**

**2007-Present**

Work primarily in the areas of executive coaching, leadership development, organizational transitions, conflict resolution, change management, diversity, stress management, and health. Also run a private practice.

### **Massachusetts School of Professional Psychology, Boston, MA Core Faculty, Counseling Psychology Program**

**2009-Present**

Teach, supervise, and mentor graduate level students. Recipient of the MSPP Faculty Award for Excellence in Teaching in June, 2010.

### **Health Promotions Affiliates, Needham, MA Consultant**

**1999-2009**

Developed health related curriculum and implement corporate trainings and speaking engagements. Worked closely with Human Resource staff from various companies and corporations to ensure proper staff trainings and conducted seminars aligned with Human Resources strategies and employee health initiatives.

**Commonwealth Psychology Associates, Boston, MA** **2004-2007**  
**Clinical Director**  
Led a multi-disciplinary, private group practice and managed seven senior level psychologists.

**The Wellness Community, Newton MA** **2002-2005**  
**Psychologist/Facilitator**  
Responsible for facilitating, and maintaining support groups for people living with cancer and their loved ones, as well as a bereavement group.

**Brookline Community Mental Health Center, Brookline, MA** **2002-2004**  
**Mental Health Provider**  
Treated clients in the Child and Family Clinic. Conducted psychological testing and child therapy in the Brookline school system; created and implemented a parent psycho-education group for LGBT parents; facilitated groups.

**Dana-Farber Cancer Institute, Boston, MA** **1999-2002**  
**Project Manager**  
Worked closely with the Principal Investigator on a three-year research grant funded by the Department of the Army Breast Cancer Research Program, Washington, DC, to assess the psychological and psychosexual impact of prophylactic mastectomies in women who have undergone the procedure.

### **Other Professional Experience**

**Columnist**, *Family Matters*, Bay Windows, New England GLBT Newspaper, Boston, MA 2005-2006  
**Pediatric Psychosocial Fellow**, Jimmy Fund, Dana-Farber Cancer Institute, Boston, MA 2001-2002  
**Researcher**, Harvard Medical School, Mind/Body Medical Institute, Boston, MA 2000-2001  
**Statistical Consultant**, Center for Women's Research, Wellesley College, Wellesley, MA 1998-1999  
**Postdoctoral Fellow**, McLean Hospital, Harvard Medical School, Belmont, MA 1996-2000

### **Teaching Experience**

<b>1999-2009</b>	Consultant, Health Promotions Affiliates, Boston, Massachusetts Corporate Speaker (topics include Stress Management, Balancing Work and Family, Relaxation Techniques, Improving Your Memory, Managing Holiday Stress, Managing Depression)
<b>2003-2004</b>	Adjunct Faculty, <u>Emmanuel College</u> , Boston, Massachusetts
<b>1997-2000</b>	Adjunct Faculty, <u>Boston College</u> , Chestnut Hill, Massachusetts
<b>1997-1998</b>	Student Senior Thesis Advisor, <u>Boston College</u> , Chestnut Hill, Massachusetts
<b>1995-1997</b>	Adjunct Faculty, <u>Boston University</u> , Boston, Massachusetts
<b>1994-1995</b>	Adjunct Faculty, <u>University of California, San Diego</u> , California
<b>1993-1995</b>	Adjunct Faculty, <u>Mesa College</u> , San Diego, California
<b>1990-1993</b>	Instructor, <u>Georgia State University</u> , Atlanta, Georgia

## Other Related Experience

2009-Present Elected Official, Town Meeting Member, Needham, MA  
08/99 Chair, Special Minority Institutions Research Grant Review Committee, National Institute on Drug Abuse, Washington, D.C.  
08/98 Special Grant Review Committee, SAMHSA, Washington, D.C.  
08/97 Special Grant Review Committee, SAMHSA, Washington, D.C.

### Academic and Board Appointments:

2009-Present Board of Visitors, Fenway Community Health Center, Boston, MA  
2009-2010 Board, League of Women Voters, Needham, MA  
08/03-05/04 Adjunct Faculty, Department of Psychology, Emmanuel College, Boston, MA  
01/96-05/00 Instructor in Psychiatry, Harvard Medical School, Boston, MA  
08/96-05/00 Adjunct Faculty, Department of Psychology, Boston College, Boston, MA  
08/95-05/97 Adjunct Faculty, Department of Psychology, Boston University, Boston, MA

### Funding and Grant Experience:

1999-2002 Senior Research Associate, Research Grant funded by the Department of the Army Breast Cancer Research Program, Washington, DC.  
2000-2001 Recipient, The Irene Goodale Fellowship in Medicine, Harvard Medical School, The Mind/Body Medical Institute, Boston, MA  
1995-1999 Recipient, National Institute on Drug Abuse Supplemental Grant for Underrepresented Minorities (Research)  
1994-1995 Recipient, National Research Service Award, NIAAA Postdoctoral Fellow  
1993-1994 Recipient, American Psychological Association Minority Neuroscience Postdoctoral Fellowship (Research)  
1991-1993 Recipient, American Psychological Association Minority Neuroscience Predoctoral Fellowship (Research)

***Bicultural/Bilingual-Spanish proficient***

## Professional Publications

1. de Castro JM, Elmore D, Brewer M, Orozco S. Social facilitation of the spontaneous eating patterns of humans is independent of time, place, alcohol, or snacks. *Appetite* 1990; 15: 89-101.
2. de Castro JM, Orozco S. The effects of moderate alcohol intake on the spontaneous eating patterns of humans: Evidence of unregulated supplementation. *American Journal of Clinical Nutrition* 1990; 52: 246-253.
3. Orozco S, de Castro, JM. The effects of alcohol abstinence on spontaneous feeding patterns in moderate alcohol consuming humans. *Pharmacology, Biochemistry & Behavior* 1991; 40: 867-873.
4. Orozco S, de Castro JM. Effects of spontaneous alcohol intake on heart rate and ad libitum dietary intake in women. *Pharmacology, Biochemistry & Behavior* 1994; 49: 629-638.
5. Orozco S, Ehlers CL. Gender differences in electrophysiological responses to facial stimuli. *Biological Psychiatry* 1998; 44: 281-289.
6. Orozco S, Wall TL, Ehlers CL. Influence of alcohol on electrophysiological responses to facial stimuli. *Alcohol* 1999; 18: 11-16.
7. Orozco S, Lukas SE. Gender differences in acculturation and aggression as predictors of drug use in minorities. *Drug and Alcohol Dependence* 2000; 59: 165-172.
8. Orozco S. "Marbles". In: Bowes A, Gingras T, Kaplowitt B, Perkins A, editors. *Breast Cancer: Fear of Recurrence*. Pioneer Valley Breast Cancer Network Press, Leeds, Massachusetts: 2000.
9. Lukas SE, Orozco SE. Ethanol increases plasma THC levels and subjective effects after marijuana smoking in human volunteers. *Drug and Alcohol Dependence* 2001; 64: 143-9.
10. Patenaude AF, Orozco S, Li X, Kaelin C, Gadd M, Matory Y, Mayzel K, Roche CA, Smith BL, Farkas W, Garber JE. Support needs and acceptability of psychological and peer consultation: Attitudes of 108 women who had undergone or were considering prophylactic mastectomy. *Psychooncology* 2008; 8: 831-43.